

# GROWPORTLAND

## GRASS ROOTS COMMUNITY GARDENS PROGRAM

### BECOME A COMMUNITY GARDEN SPONSOR

Grow Portland empowers families to grow healthy food. We are seeking sponsors to support our exciting work building community gardens. Sponsors provide a donation annually to help needy families, and gain valuable marketing exposure for their businesses.

Refugees from Burma are enjoying the benefits provided by Grow Portland's gardens:



East County Community Garden, 242<sup>nd</sup> and Stark

"I am very happy and satisfied cooking and eating fresh, traditional, healthy vegetables as in Burma."

"I went to the garden every evening to water the vegetable plots and I feel healthier because of the exercise."

"Since I have a vegetable garden, I do not need to buy vegetables from the grocery store and have enough for my family's needs."

"When my husband started working, my Food Stamp amount was cut down, but I can still prepare fresh vegetables for daily meals from my own garden plot."

Over 1,500 residents are currently on the waiting list to receive municipal community garden plots. We are responding to this unmet demand by building new gardens. Our efforts are focused in east Portland and Gresham. To make gardens successful and sustainable, we create long-term partnerships with community groups and congregations who own unused land.

**IMPROVE NUTRITION. FOSTER HEALTH. REDUCE HUNGER. BUILD COMMUNITY.**

#### GARDEN DETAILS

- Individuals and families grow vegetables on their own assigned plots (15'x 15' or 15' x 30')
- Participants sign user agreements and pay nominal plot fees to support water costs
- Participants are recruited from diverse communities

#### SPONSORSHIP DETAILS

- We are seeking sponsors for two gardens: East County Garden (phase one constructed in 2010) and the Eastminster Garden (at NE 125<sup>th</sup> and Halsey, construction planned for 2011)
- Sponsors are promoted on our website, in our e-newsletter and with a sign at the garden
- Sponsors pledge \$1,000, \$2,000 or \$5,000 each year.
- Grow Portland is a 501(c)3 nonprofit organization: donations are tax-deductible (within tax laws)

[www.growportland.org](http://www.growportland.org)

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