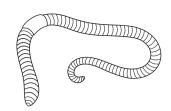


## GROWPORTLAND Earthworms!



Earthworms may be slimy, but they're gentle helpers in our gardens! Their work keeps our soil healthy and nutritious for our plants.

## Fun Facts

There are approximately 2,700 different kinds of earthworms in the world

Worms breathe through their skin

Worms have no teeth

Baby worms hatch from cocoons smaller than a grain of rice

Imagine a day in the lite of a worm.
Write a short journal entry from their
point of view!
point of view.

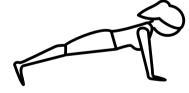


Stretch up to the sky like a worm on the move

## Worm Stretch!



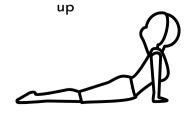
Reach your hands to the floor like a worm scrunched



Stretch out on your hands - on the move again!



Get close to the floor like you're wiggling along



Reach your head up - poke your head out of the soil!



Rest back on your feet like a worm going to sleep